



Breakthrough to Excellence

PROGRAM AGENDA

Program

Agenda at a Glance

08 | 09 | OCTOBER

📍 Hotel InterContinental, Dhaka

Conference

ACEDB Symposia-

1. Thyroid and Parathyroid
2. Adrenal and Pituitary
3. Plenary
4. Invited Lecture
5. Reproductive Disorders
6. Growth and Puberty
7. Endocrine Debate
8. Clinical Case Discussion
9. Bone Health and Electrolytes
10. Invited Lecture
11. DM and GDM
12. Endocrine Update
13. JACEDB session
14. Free paper session-2
15. Poster Session

Industry Symposia-

1. Healthcare
2. Incepta
3. Aristopharma
4. Novo Nordisk
5. Beximco

DAY-1

7.00 – 8.00 am: Registration and kit collection

Day-1

IN-CHARGE

Dr. Choman Abdullah Mohana

Dr. Md. Sohel Rana Bhuiyan

ACEDB Session 1: Thyroid and Parathyroid- 8.00 am to 9.30 am. (1 hour 30 min)

Topic	Speaker	Chair	Moderator
Thyroid Disorders in Pregnancy: Evidence-Based Management from Preconception to Postpartum	Dr. Jobaida Naznin Cultural & Entertainment Secretary Assoc. Prof. of Endocrinology Shaheed Suhrawardy Medical College	Prof. Dr. Mir Mosarraf Hossain Vice President ACEDB Head of Endocrinology Holy Family Red Crescent Medical College	Dr. KM Istiak Rohan Asst. Prof. of Endocrinology Dhaka Medical College
Thyroid Nodules: Avoiding Overdiagnosis While Detecting Clinically Significant Cancer	Prof. Dr. Qamrul Hassan Vice President ACEDB Head of Endocrinology Rangpur Medical College		
Hypoparathyroidism: Entering the Era of Hormone Replacement	Dr. Nusrat Sultana Scientific Secretary ACEDB Assoc. Prof. of Endocrinology Bangladesh Medical University	Prof. Dr. Md. Mazharul Shaheen ENT Specialist Principal Dhaka Medical College	
Q & A, Session Quiz, and comments from the Chair			

ACEDB Session 2: Adrenal and Pituitary-9.30 am to 10.30 am. (1 hour)

Topic	Speaker	Chair	Moderator
The Impact of Setting up an Endocrine Hypertension Clinic at a Tertiary Care Hospital in Bangladesh	Prof. Dr. Sharmin Jahan Academic Affairs and Research Secretary ACEDB Dept. of Endocrinology Bangladesh Medical University	Brig. General Dr. Anwarul Kabir Vice President ACEDB Former Head of Endocrinology CMH Prof. Dr. A F Khabir Uddin Ahmed Secretary General Bangladesh Cardiac Society Dept. of Cardiology NICVD	Dr. Umme Halima Azam Endocrinologist
Hyperprolactinemia: Pitfalls in Diagnosis and Management	Prof. Dr. Indrajit Prasad Secretary General ACEDB Head of Endocrinology Dhaka Medical College		
Q & A, Session Quiz, and comments from Chair			

THURSDAY 8th OCTOBER 2026

ACEDB Session 3: Plenary-10.30 am to 11.05 am. (35 min)

Topic	Speaker	Chair	Moderator
Metabolic Dysfunction-Associated Fatty Liver Disease: Current Updates and the Bangladesh Perspective	Prof. Dr. Md. Shahinul Alam President Bangladesh Hepatology Society Chairman of Hepatology Bangladesh Medical University	Prof. Dr. Md. Farid Uddin President, ACEDB Founder Chairman Dept. of Endocrinology Bangladesh Medical University	Dr. Md. Sohel Rana Bhuiyan EC Member, ACEDB Asst. Prof. of Endocrinology Shaheed Suhrawardy Medical College
Comment from Chair			

ACEDB Session 4: Invited lecture- 11:05 am to 12.05 pm. (1 hour)

Topic	Speaker	Chair	Moderator
Diabetic neuropathy - what the endocrinologist must know?	Prof. Dr. Umapathi N. Thirugnanam Senior Consultant Neurologist, National Neuroscience Institute (NNI) and Singapore National Eye Center	Prof. Dr. Md. Monir Uz Zaman Convenor Bangladesh Society of Medicine Principal and Head of Medicine Sir Salimullah Medical College and Mitford Hospital	Dr. Md. Mahmud Hasan EC Member, ACEDB Endocrinologist Dhaka medical College
CKM syndrome	Prof. Dr. Amit Varma Head, Department of Medicine Dr. KKBM Subharti Medical College, Dehradun (Uttarakhand) Founder and President of South East Asian Diabetes Federation	Prof. Dr. Indrajit Prasad Secretary General ACEDB Head of Endocrinology Dhaka Medical College	
Q & A, Session Quiz, and comments from Chair			

ACEDB Session 5: Reproductive Disorder- 12:05 pm to 1.05 pm. (1 hour)

Topic	Speaker	Chair	Moderator
Late-onset Hypogonadism: Current perspective on diagnosis, management, and impact on healthy aging	Dr. Tahmina Ferdousi Asst. prof. of Endocrinology Dhaka Medical College	Prof. Dr. Shah Emran Vice President ACEDB Head of Endocrinology Sylhet MAG Osmani Medical College	Dr. Ismat Rafeya Endocrinologist IMO, Dept. of Endocrinology DMC
Turner Syndrome: Beyond Short Stature- A lifelong endocrine challenge	Dr. Hurjahan Banu Organizing Secretary, ACEDB Assoc. Prof. of Endocrinology Bangladesh Medical University	Prof. Dr. Joysree Saha Prof. of OBGYN Popular Medical College	
Q & A, Session Quiz, and comments from Chair			

Lunch and prayer break: 1.05 to 2.30 pm (1 hour 25 min)

Industry Session 1: Healthcare-2.30 pm to 3.10 pm. (40 min)

Topic	Speaker	Chair	Moderator
Humalog®Mix: Keep It Simple for Optimal Glycaemic Control	Dr. Choman Abdullah Mohana EC Member, ACEDB Asst. Prof. of Endocrinology Mymensingh Medical College	Prof. Dr. Ajit Kumar Paul Vice-President, ACEDB Head of Endocrinology Mainamoti Medical College	Dr Tania Adhikary Endocrinologist OSD, DGHS
Mounjaro® Re-define Treatment Expectations on Chronic Weight Management	Dr. Tania Tofail Asst. Prof. of Endocrinology Bangladesh Medical University	Prof. Dr. Md. Shah Jamal Khan Vice-President, ACEDB Head of Endocrinology Enam Medical College	
Q & A and comments from Chair			

Visit to Poster Hall: 3.00 pm to 5.00 pm

Industry Session 2: Incepta-3.10 pm to 3.50 pm. (40 min)

Topic	Speaker	Chair	Moderator
Efficacy and safety of once-weekly Semaglutide for weight management in adults with overweight or obesity with or without type 2 diabetes: a real-world clinical trial in Bangladesh	Prof. Dr. Quazi Tarikul Islam Department of Medicine, Popular Medical College & Hospital	Prof. Dr. MA Mannan Dept. of Endocrinology Anwar Khan Modern Medical College Prof. Dr. Md. Ruhul Amin Vice-President, ACEDB Ex. Head of Endocrinology DMC Ex. Director, BMRC	Dr. Fatematur Jannath Endocrinologist OSD, DGHS
Q-A, and comments from Chair			

ACEDB Session 6: Growth and Puberty- 3.50 pm to 4.50 pm. (1 hour)

Topic	Speaker	Chair	Moderator
Puberty and Fertility after Childhood Cancer: Endocrine Challenges in Survivors	Dr. Debasish Kumar Ghosh Asst. prof. of Endocrinology Khulna Medical College	Prof. Dr. Abdul Jalil Ansari Ex. Officio ACEDB Principal MH Samorita Medical College	Dr. Jannatul Asefeen Endocrinologist
Approach to Tall Stature: When Height Signals Disease	Dr. Md Atiqur Rahman Joint Secretary, ACEDB Assoc. Prof. of Endocrinology, NINS	Prof. Dr. Md. Anowar Hossain Organizing Secretary, ACEDB Head Dept. of Endocrinology Mymensingh Medical College	
Q&A, Session Quiz, and comments from Chair			

Industry Session 3: Aristopharma- 4:50 pm to 5.30 pm. (40 min)

Topic	Speaker	Chair	Moderator
Tirzepatide: A New Indication for Cardiovascular Risk Reduction in Type 2 Diabetes	Dr. Md. Kamrul Azad EC Member, ACEDB Asst. Prof. of Endocrinology Government Employee Hospital	Prof. Dr. Md. Nizamul Karim Khan Vice-President, ACEDB Prof. of Endocrinology Ex. Prof. of Mymensingh Medical College Prof. Dr. Md. Qamrul Hassan Vice-President, ACEDB Head of Endocrinology Rangpur Medical College	Dr. Md. Ashraful Hossain Endocrinologist OSD, DGHS
Q-A, and comments from Chair			

Tea and prayer break: 5.30 pm to 6.00 pm.

ACEDB Session 7: Endocrine Debate- 6:00 pm to 6.30 pm. (30 min)

Topic	Speaker	Mentor
Can AI improve endocrine care without compromising clinical judgment?	Team-1 Dr. Kishore Kumar Shil Endocrinologist Registrar, Endocrinology, Khulna Medical College Hospital	Dr. Mashfiqul Hasan Library & Publication Secretary ACEDB Assoc. Prof. of Endocrinology OSD, DGHS PhD Candidate BMU Dr. Indira Roy Endocrinologist National Institute of Burn and Plastic Surgery
	Dr. Md. Hasanul Islam Endocrinologist SKH	
	Team-2 Dr. Sayad Bin Abdus Salam Endocrinologist Medical Officer Department of Endocrinology, SKH Dr. Prodipta Chowdhury Endocrinologist Medical Officer Chowgacha Upazila Health Complex, Jashore	

JACEDB Session: 6:30 to 7.00 pm.

Session chair : Prof. Dr. Md. Nazrul Islam Siddiqui
Prof. Dr. Md Ruhul Amin
Prof. Sharmin Jahan

Session Coordinator: Dr. Mashfiqul Hasan

THURSDAY 8th OCTOBER 2026

Activity	
JACEDB: Why and how will I submit my paper and what will the editor do after my submission?	Dr. Mashfiqul Hasan Associate Professor of Endocrinology, OSD (DGHS)
Presentation of selected papers published in JACEDB in last 1 year	
Insulin refusal in uncontrolled Type 2 Diabetes in Bangladesh: Barriers and the role of patient-centered education	Md. Rakibul Hasan Associate Professor, Department of Endocrinology, Medical College for Women and Hospital, Uttara, Dhaka, Bangladesh
Women with polycystic ovary syndrome have agreement in inter-ovarian follicle number in the diagnosis of polycystic ovary	Dr. Shazia Afrine Assistant Professor of Endocrinology, Dhaka Central International Medical College, Dhaka
Interactive Q&A with audience: expectations and suggestions	
Comments from session chairs and closing remarks	

10-year celebration and LASER SHOW: 5.20 pm.

Inaugural Ceremony: 7.00 pm.

Cultural Program: 7.30 pm.

AGM: 8.00 pm.

Parallel session

Venue: Crystal Ballroom, Hotel InterContinental Dhaka

ACEDB Session: Free paper -1(Oral)- 3 30 pm to 4 30 pm. (1 hour)

Presentation time: 6 min each; Crossing: 2 min

Speaker	Presentation Title	Judges	Coordinator
Dr. Md. Rafayel Islam	Efficacy of low-dose semaglutide added to metformin on clinical and metabolic parameters in women with polyendocrine metabolic ovarian syndrome and obesity: A phase II randomized controlled trial	Prof. Dr. Ajit Kumar Paul MD, PhD Prof. and Head of Endocrinology Mainamoti Medical College Prof. Dr. Sharmin Jahan FCPS, MD, PhD Prof. of Endocrinology Bangladesh Medical University Assoc. Prof. Dr. Shaheda Anwar MPhil, PhD Bangladesh Medical University	Dr. Susmita Paul Asst. Prof. of Endocrinology NITOR
Dr. Muhtarima Nur-E-Haseen Prodhan	Vitamin D status and vitamin D receptor (VDR) gene polymorphism (FokI rs2228570) in patients with autoimmune hypothyroidism		
Dr. Md. Hasanul Islam	Evaluating the triglyceride-glucose index as a biomarker for metabolic syndrome in women with a history of gestational diabetes mellitus		
Dr. Abdullah Al Noman Bhuiyan	Change in glycemic status over one year in young Bangladeshi people with prediabetes and its relevance to TCF7L2 polymorphisms: A prospective cohort study.		
Dr. Farzana Binta Rahman	Endocrine immune-related adverse events following immune checkpoint inhibitor therapy: A narrative review		
Dr. Nazia Akter	Metabolic heterogeneity of gestational diabetes mellitus: BMI-dependent divergence of insulin resistance and β -cell dysfunction in Bangladeshi women		
Dr. Md. Shamim Hossan	Reclassification toward higher risk without predictive superiority: Evaluating the 2026 versus 2021 IDF-DAR risk calculators for Ramadan fasting in adults with diabetes mellitus		

Banquet (ACEDB members only): 9.00 pm.

THURSDAY 8th OCTOBER 2026

Inaugural Ceremony

October 08, 2026 | Time: 7 pm

Program Details

- Chief Guest:** **Sardar Md. Sakhawat Husain MP**
Honourable Minister
Ministry of Health and Family Welfare
- Special Guest:** **Dr. A. N. M. Bazlur Rashid**
Secretary
Health Services Division, Ministry of Health and Family Welfare
- Guest of Honour:** **Prof. Dr. Nazmul Hosain**
Director General
Directorate General of Medical Education
- Welcome Address :** **Prof. Dr. Indrajit Prasad**
Secretary General
Association of Clinical Endocrinologist & Diabetologist of Bangladesh (ACEDB)
- Chairperson:** **Prof. Dr. Md. Farid Uddin**
President
Association of Clinical Endocrinologist & Diabetologist of Bangladesh (ACEDB)
- Moderator:** **Dr. Mazharul Islam**
Associate Professor, Dhaka Medical College
Member, Executive Committee
Association of Clinical Endocrinologist & Diabetologist of Bangladesh (ACEDB)

DAY-2

IN-CHARGE

Dr. Tahmina Ferdousi
Dr. Md. Ashiqur Rahman

ACEDB Session 8: Clinical case discussion- 8:00 am to 9:00 am. (1 hour)

Case	Presenter	Expert	Co-Ordinator
The diagnostic maze of Paediatric hypoglycemia	Dr. Nadia Ireen Chowdhury FCPS Trainee Endocrinology & Metabolism Dept Chittagong Medical College	Prof. Dr. Ajit Kumar Paul Vice-President, ACEDB Prof. and Head of Endocrinology Mainamoti Medical College Prof. Dr. Sharmin Jahan Academic Affairs and Research Secretary, ACEDB Prof. of Endocrinology Bangladesh Medical University	Dr. Md. Rafiq Uddin Organizing Secretary ACEDB Asst. Prof. of Endocrinology Chittagong Medical College
Dealing with DSD: A case-based approach	Dr. Humayun Kabir Endocrinologist Dhaka Medical College	Prof. Dr. Md. Saiful Islam Selim Chairman Urology Bangladesh Medical University Prof. Dr. Indrajit Prasad Secretary General, ACEDB Prof. and Head of Endocrinology Dhaka Medical College	Dr. Tahmina Ferdousi Asst. Prof. of Endocrinology Dhaka Medical College

ACEDB Session 9: Plenary - 9:00 am to 9:40 am. (40 min)

Topic	Speaker	Chair	Moderator
Preparation for safe Ramadan fasting: Lessons from Dia-Ramadan study	Prof. Dr. Mohamed Hassanein Chair of Diabetes and Ramadan Alliance	Prof. Dr. Md. Fariduddin President, ACEDB Founder Chairman Dept. of Endocrinology Bangladesh Medical University	Dr. Md Asiqur Rahman Endocrinologist Dhaka Medical College
Comments from Chair			

FRIDAY 9th OCTOBER 2026

ACEDB Session 10: Bone Health and Electrolytes- 9:40 am to 10.40 am. (1 hour)

Topic	Speaker	Chair & Co-Chair	Moderator
Reset or inappropriate? Reset osmostat vs SIADH: A clinical perspective on persistent euvoalaemic hyponatremia	Dr. Mobarak Hosen Office Secretary, ACEDB Asst. Prof. of Endocrinology Barrister Rafiqul Huq Medical College	Prof. Dr. AKM Aminul Islam Treasurer, ACEDB Dept. of Endocrinology Sir Salimullah Medical College	Dr. Nizia Siddique Endocrinologist OSD, DGHS
Vitamin D in Skeletal Health: Facts, Myths, and Clinical Pearls	Dr. Moinul Islam Joint Secretary, ACEDB Assoc. Prof. of Endocrinology Dhaka Medical College	Dr. Habibur Rahman Organizing Secretary ACEDB Assoc. of Endocrinology Sylhet MAG Osmani Medical College	
Q-A, Session Quiz, and comments from Chair and Co-chair			

ACEDB Session 11: Invited Lecture - 10:40 am to 11:20 am. (40 min)

Topic	Speaker	Chair	Moderator
Hyperglycemic and Adrenal Crisis: What You Must Know: Evidence- Based Management in ICU	Dr. Tasbirul Islam Clinical Professor of Medicine at Chicago Medical School Founding Chairman of Planetary Health Academia.	Prof. Dr. Shohael Mahmud Arafat President, APB Dept. of Medicine Bangladesh Medical University Brig. Gen. Sarwar Khan EC Member, ACEDB Head of Endocrinology Combined Military Hospital	Dr. Nazia Afrin Chadni Endocrinologist OSD, DGHS
Q & A, Session Quiz, and comments from Chair			

ACEDB Session 12: DM and GDM-11:20 am to 12:50 pm. (1 hour 30 min)

Topic	Speaker	Chair	Moderator
Gestational Diabetes Mellitus Across the Lifespan: Pregnancy and Beyond	Dr. Tania Tofail Asst. Prof. of Endocrinology Bangladesh Medical University	Prof. Dr. Mohamed Hassanein Chair of Diabetes and Ramadan Alliance	Dr. Shah Mohammad Intekhab Endocrinologist MO, General Hospital Cumilla
Measuring islet autoantibodies: When, why, and how?	Dr. Mashfiqul Hasan Library & Publication Secretary ACEDB Assoc. Prof. of Endocrinology OSD, DGHS PhD Candidate, BMU	Prof. AKM Aminul Islam Treasurer, ACEDB Head of Endocrinology SSMC and Mitford Hospital	

Old is Gold: When Experience meets Evidence (Gliclazide MR: A proven Legacy in Modern Diabetes Care	Dr. Somia Iqtadar Assoc. Prof. of Medicine King Edward Medical University Lahore, Pakistan.		
Q-A, Session Quiz, and comments from Chair			

Lunch and prayer break: 12.50 pm to 3.00 pm (2 hours 10 min)

Visit to the poster hall: 3.00 pm. to 5.00 pm.

Industry Session 4: Novo Nordisk- 3.00 pm to 3.40 pm. (40 min)

Topic	Speaker	Chair	Moderator
Comprehensive Benefits of Originator Molecule in Diabetes Management and Beyond	Dr. Rahila Bhatti Consultant Endocrinologist Genesis Healthcare Center, Dubai, UAE	Prof. Dr. Abdul Mannan Sarker Senior Consultant Evercare Hospital Dhaka Dr. Sadiqa Tuqan EC Member , ACEDB Consultant Square Hospital, Dhaka	Dr. Ahmed Endocrinologist Medical Officer Upazila Health Complex, Hathazari, Chattogram
Q & A and comments from Chair and Co-Chair			

Industry Session 5: Beximco- 3:40 pm to 4.20 pm. (40 min)

Topic	Speaker	Chair	Moderator
Beyond HbA1c: The CKM approach for holistic T2DM Management	Dr. MA Halim Khan Information, Publicity and PR Secretary Assoc. Prof. and Head Shaheed Suhrawardy Medical College	Prof. Dr. Mir Mosarraf Hossain Vice-President, ACEDB Head of Endocrinology Holy Family Red Crescent Medical College Dr. Jobaida Naznin Cultural and Entertainment Secretary, ACEDB Assoc. Prof. of Endocrinology Shaheed Suhrawardy Medical College	Dr. Shahinoor Siddiqui Endocrinologist OSD, DGHS
Q & A and comments from Chair and Co-Chair			

FRIDAY 9th OCTOBER 2026

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ACEDB Session 13: Endocrine update- 4:20 pm to 5.20 pm. (1 hour)

Topic	Speaker	Chair	Moderator
Moving Beyond Thyroidectomy: Can RFA Rewrite the Rules of Thyroid Nodule Management in Bangladesh?	Dr. Kamrul Azad EC Member , ACEDB Asst. Prof. of Endocrinology SKH	Prof. Dr. Mahmudul Hoque Former Prof. of Endocrinology Holy Family Red Crescent Hospital	Dr. Rezwana Laboni Asst. Prof. of National Institute of Kidney Diseases and Urology, Dhaka.
Teplizumab- FDA-approved immunomodulator therapy for preventing stage 3 T1 DM	Dr. Anjana Saha Asst. Prof. of Endocrinology NICRH	EC Member , ACEDB Assoc. Prof. of Endocrinology SZMC, Bogura	
CGM Revolution: Beyond HbA1c	Dr. Md. Mahmud Hasan EC Member , ACEDB Endocrinologist Dhaka Medical College		
From PCOS to PMOS: Why the name change matters	Dr. Md. Ashiqur Rahman Endocrinologist DMC		
Anabolic First? The Changing Paradigm in Osteoporosis	CFM Manzurur Rahim Asst. Prof. of Endocrinology Mugda Medical College		
Q & A, session quiz and comments from Chair			

Parallel session

Venue: Crystal Ballroom, Hotel InterContinental Dhaka

ACEDB Session: Free paper-2 (Oral)- 9.35 to 10.35 am. (1 hour)

Presentation time: 6 min each; Crossing: 2 min

Speaker	Topic	Judges	Coordinator
Dr. Md. Sajjad Alam	Accuracy of 1-hour plasma glucose in diagnosing intermediate hyperglycaemia and diabetes in adults	Prof. Dr. Ajit Kumar Paul MD, PhD Prof. and Head of Endocrinology Mainamoti Medical College Prof. Dr. Sharmin Jahan FCPS, MD, PhD Prof. of Endocrinology Bangladesh Medical University Assoc. Prof. Dr. Shaheda Anwar MPhil, PhD Bangladesh Medical University	Dr. Farhana Afrooz Assoc. Prof. of Endocrinology United Medical College
Dr. Mehnaj Ashraf	Transfusion, and reproductive health profiles of female patients with transfusion-dependent thalassaemia in Bangladesh: A cross-sectional study		
Dr. Arnab Bokshi	Early gestational hyperglycemia in Bangladesh: Discordance between IADPSG and ADA diagnostic criteria		
Dr. Koushik Ashraf	Transcription factor 7-like 2 genetic polymorphisms are associated with prediabetes in young Bangladeshi people		
Dr. Mahjabin Islam	β -cell secretory defect and reduced hepatic insulin extraction in women with polyendocrine metabolic ovarian syndrome		
Dr. Rifat Hossain Ratul	Obesity and metabolic risk factors associated with prediabetes among Bangladeshi youth: A nationwide community-based study		

Raffle Draw & Prize-giving ceremony: 5.30pm

Dr. Jobaida Naznin

Dr. Yasmin Aktar

Dr. Nurul Amin Dipu

Dr. Mobarak Hosen

Dr. Susmita Paul

Dr. Mahmud Hasan

Dr. Israt Rezwana



**Association of Clinical Endocrinologist
& Diabetologist of Bangladesh (ACEDB)**

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